

REMINDER: Don't Miss Out On \$400!

If you are enrolled in a USNH Medical Plan administered by Cigna and complete MyPath2Wellness requirements by **October 31, 2019**, you will be eligible to receive \$400 in 2020 medical premium credits.

Not sure if you have earned your 2019 MyPath2Wellness incentive for 2020 medical coverage?

Check **MyCigna.com** now!



New for 2019! Annual Wellness Visit Replacing Biometric Screenings.

Reminder: To earn your MyPath2Wellness incentive for 2020 USNH medical coverage administered by Cigna, complete one or both of the steps below—complete both and you get a \$400 medical premium credit!



Step

1. Visit a doctor for an annual wellness visit (a physical or preventive care exam)*



Timing

From September 1, 2018 through October 31, 2019



Incentive

\$250 medical premium credit for coverage administered by Cigna

2. Complete the Cigna online Health Assessment at [MyCigna.com](https://www.mycigna.com)

By October 31, 2019

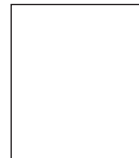
\$150 medical premium credit for coverage administered by Cigna

*Cigna will verify your visit automatically when your doctor submits your claim. You do not need to submit anything!

University System of New Hampshire

5 Chenell Drive, Suite 301

Concord, NH 03301



Scan the QR code to start your Health Assessment now!



Have a Question?

Contact your campus human resources or visit [MyCigna.com](https://www.mycigna.com) for more information.